TAMILNADU COUNCIL FOR OPEN AND DISTANCE LEARNING

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CERTIFICATE IN FIRST AID

MODEL QUESTION PAPER

TIME:2 HOURS **TOTAL MARKS:100**

Answer Any 10 Questions **10 x 10 = 100**

1. Define First Aid and explain its aims, objectives, importance and basic principles.
2. Explain the responsibilities, qualities, duties and limitations of a First Aider.
3. Describe the contents, uses and maintenance of a First Aid Kit. Explain the importance of emergency medical services.
4. Explain the primary and secondary assessment procedures followed when attending to an injured person.
5. What is CPR? Explain its importance and basic procedures. Add a note on Basic Life Support (BLS).
6. Explain the importance of airway management and the recovery position in emergency situations.
7. Describe the different types of wounds and explain the first aid procedures for controlling bleeding.
8. Explain the types, degrees and causes of burns and scalds. Describe their first aid management.
9. Explain the different types of fractures, their signs and symptoms, and the first aid procedures for fracture management.
10. Describe the causes, signs, symptoms and first aid management of shock, fainting and unconsciousness.
11. Explain the warning signs of heart attack and stroke and describe the immediate first aid procedures.
12. Explain the role of first aid in disaster management. Discuss emergency preparedness, evacuation and casualty prioritisation.