TAMILNADU COUNCIL FOR OPEN AND DISTANCE LEARNING
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Syllabus for Undergraduate Programme Department of Dance – Bharatanatyam

Eligibility : +12th pass

Duration : 3 Year

Examination : Academic (May) / Calendar (November)

Baccalaureate of Arts (BA) Bharatanatyam

S. No.	Subject Code	Subject	Max. Marks
1	BAB201	Practical II: Abhinaya & Repertoire	100
2	BAB202	Natya Shastra – Concepts & Abhinaya	100
3	BAB203	History of Bharatanatyam	100
4	BAB204	Music Forms for Dance	100
5	BAB205	Yoga for Dancers	100

Subject 1: Abhinaya & Repertoire – PRACTICAL II

Maximum Marks: 100

Unit I – Alarippu (20 Marks)

- Meaning and purpose of Alarippu
- Different Talas used
- Body alignment
- Hand and foot coordination
- Performance

Unit II – Jatiswaram (20 Marks)



- Structure
- Swara patterns
- Adavu combinations
- Rhythm and execution
- Complete performance

Unit III – Shabdam (20 Marks)

- Introduction
- Meaning and interpretation
- Character portrayal
- Bhava and facial expressions
- Performance

Unit IV – Abhinaya Practice (15 Marks)

- Navarasas
- Sthayi Bhavas
- Eye movements
- Neck movements
- Facial expressions

Unit V – Viva & Practical Record (25 Marks)

- Identification of Talas
- Identification of Mudras
- Costume knowledge
- Stage etiquette
- Practical Record

Subject 2: Natya Shastra – Concepts & Abhinaya (THEORY)

Maximum Marks: 100

Unit I – Introduction to Natya Shastra (20 Marks)

- Origin of Natya
- Sage Bharata
- Purpose of Natya
- Structure of Natya Shastra

Unit II – Rasa Theory (20 Marks)

- Nine Rasas
- Sthayi Bhavas
- Vibhava
- Anubhava
- Vyabhichari Bhavas

Unit III – Abhinaya (20 Marks)

- Angika
- Vachika
- Aharya
- Satvika
- Practical applications

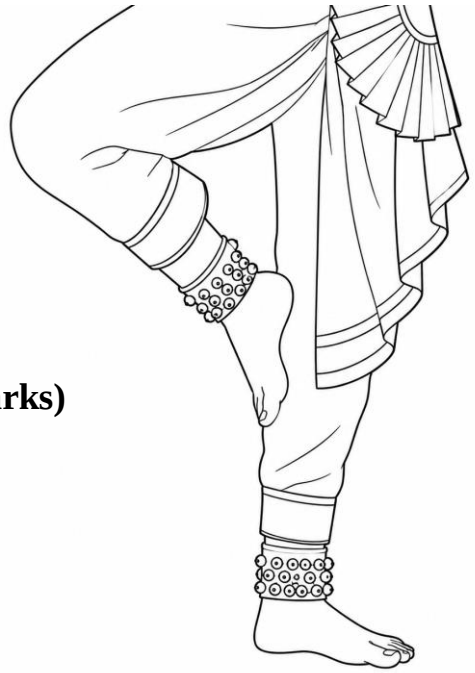
Unit IV – Mudras (20 Marks)

Asamyuta Hastas

- Names
- Usage

Samyuta Hastas

- Names
- Applications



Unit V – Internal Examination (20 Marks)

- Short Notes
- Definitions
- Diagram-based questions

Subject 3: History of Bharatanatyam

Maximum Marks: 100

Unit I – Origin (20 Marks)

- Temple traditions
- Devadasi system
- Evolution

Unit II – Revival (25 Marks)

- Anti-Nautch movement
- Revival movement
- Modern Bharatanatyam

Unit III – Great Gurus (20 Marks)

Study of:

- Tanjore Quartet
- Rukmini Devi
- Balasaraswati
- Vazhuvoor Ramaiah Pillai



Unit IV – Schools (20 Marks)

- Pandanallur
- Vazhuvoor
- Kalakshetra
- Melattur

Project: Comparison

Unit V – Contemporary Bharatanatyam (15 Marks)

- Global spread
- Institutions
- Modern choreography

Project: Choreography Script on a contemporary theme

Subject 4: Music Forms for Dance

Maximum Marks: 100



Unit I – Carnatic Music Basics (20 Marks)

- Swaras
- Shruti
- Raga
- Tala

Unit II – Dance Compositions (25 Marks)

- Alarippu
- Jatiswaram
- Shabdam
- Varnam
- Padam
- Tillana

Unit III – Musical Instruments (20 Marks)

- Mridangam
- Violin
- Veena
- Flute
- Nattuvangam

Unit IV – Dance Orchestra (20 Marks)

- Vocal support
- Orchestra arrangement
- Conductor
- Stage coordination

Unit V – Internal Assessment (15 Marks)

- Listening test
- Assignment
- Viva

BAB205 – Yoga for Dancers

Maximum Marks: 100

Unit I – Introduction (20 Marks)

- Meaning of Yoga
- Eight Limbs
- Importance for dancers

Unit II – Asanas (30 Marks)

Practice of

- Tadasana
- Vrikshasana
- Trikonasana
- Bhujangasana
- Vajrasana
- Padmasana

Project: Benefits of the above given asanas

Unit III – Pranayama (20 Marks)

- Anulom Vilom
- Bhramari
- Kapalabhati
- Deep Breathing

Unit IV – Meditation (15 Marks)

- Concentration
- Relaxation
- Stress management

Unit V – Practical Examination (15 Marks)

- Demonstration
- Viva
- Record

