



## 1. Thattadavu - 8 (3 Speeds)

- 1, Thaiya Thei (Aadi)
- 2.Thaiya Thei, Thaiya Thei (Aadi)
- 3.Thaiya Thaiya Thei (Aadi)
4. Thaiya Thaiya, Thaiya Thei (Aadi)
5. Thaya Thaya Thei Thei Tham(Aadi)
6. Thaiya Thaiya Thei Thakka, Theiya Theiya Thei(Aadi)
7. Thaiya Thaiya Thei Thakka, Theiya Theiya Tham(Aadi)
8. Thaiya, Thaiya, Thaiya, Thaiya, Thai, Thai, Tham. (Roopakam)



## 2. NATTADAVU (8)

Thei yum dhath dhath thei yum tha ha (Aadi)

## 3. PARAVAL ADAVU (4)

Tha thei thei tha dhith thei thei tha (Aadi)

The above mentioned Adavus should be practiced in three kaalams (namely first speed, second speed and the third speed) with thalam

Solkattu and Thalam should be known for the above Adavu in 3 speeds.

## II. THEORY

### 1, Dhyana Slogam" and its meaning

An outline knowledge of the 4 kinds of Abinaya. (Angika, Vaacika, Aaharya, Saatvika)

### 2, Asamyutha Hastham - 28 Tell the slogam with Mudra

