



TAMILNADU COUNCIL FOR OPEN AND DISTANCE LEARNING

Approved by International Council for Open & Distance Education (ICDE), Oslo, Norway

Internationally Accredited Institution Registered under Tamilnadu Govt Act

Student Name: _____

Register No: _____ Session: _____

POST GRADUATE DIPLOMA IN CHILD PSYCHOLOGY & DEVELOPMENT

GENERAL PSYCHOLOGY -TEST PAPER

(Write answers in the space provided and use additional sheets if required)

1. Define Psychology. Briefly explain the nature and scope of psychology.

2. Differentiate between Structuralism and Functionalism.

3. List and briefly explain any three methods of psychological research.

4. Name any two branches of psychology and state their relevance.

5. Explain the structure and function of a neuron with a simple diagram.
6. Discuss any two major glands of the endocrine system and their role in behaviour.
7. Define emotions. Explain any two theories of emotion.
8. What is the facial feedback hypothesis?

9. What are the different types of senses? How do they contribute to sensitivity?

10. Define perception. Give an example of a perceptual illusion.

11. Define motivation. What is meant by a motivation cycle?

12. Explain any one theory of motivation in detail.

13. Define learning. Explain the trial-and-error theory and laws of learning.

14. Describe the different types of memory with examples.

15. What is intelligence? Write a note on any two theories of intelligence.

16. Define personality. Explain Freud's Psychoanalytic theory of personality.

17. Briefly discuss any two Neo-Freudian theories of personality.



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POST GRADUATE DIPLOMA IN CHILD PSYCHOLOGY & DEVELOPMENT

CHILD PSYCHOLOGY -TEST PAPER

(Write answers in the space provided and use additional sheets if required)

1. Define child psychology. Discuss its nature and scope.
2. Mention any two methods used in child psychology and explain them.
3. Why is it important to study child psychology? Mention three reasons.
4. List and explain two causes of mental health problems among children from different perspectives.

5. Explain the mechanism of heredity.
6. What are genetic and chromosomal abnormalities? Give one example of each.
7. Write short notes on any two of the following:
a) Intrauterine Insemination (IUI) b) Zygote Intrafallopian Transfer (ZIFT) c) Surrogacy – Gestational
8. What is the role of genetic testing in child psychology?

9. Define adjustment. What are the main types of adjustment?

10. Discuss any two major factors that lead to maladjustment in children.

11. What is frustration? Explain any two sources of frustration.

12. Briefly describe the effects of frustration on children.

13. Write short notes on any two of the following behavioural or emotional disorders:

a) conduct disorder b) anxiety disorder c) bipolar disorder

14. What are trauma and stressor-related disorders? How do they manifest in children?

15. Describe any two feeding or eating disorders found in children.

16. Discuss health-related disorders in children and the psychological implications.



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POST GRADUATE DIPLOMA IN CHILD PSYCHOLOGY & DEVELOPMENT

DYNAMICS OF HEALTHY CHILD DEVELOPMENT -TEST PAPER

(Write answers in the space provided and use additional sheets if required)

1. Define development. Explain any three characteristics of human development.

2. Match the following developmental theorists with their contributions.

- | | |
|-------------|---------------------------|
| a) Freud | i) Psychosocial stages |
| b) Erikson | ii) Moral development |
| c) Piaget | iii) Psychosexual stages |
| d) Kohlberg | iv) Cognitive development |

a. _____ b. _____ c. _____ d. _____

3. Differentiate between classical and operant conditioning with an example for each.

4. Describe Piaget's stages of cognitive development with examples.

5. Explain the role of heredity and environment in child development.

6. Name and briefly describe the three stages of prenatal development.

7. Identify any two chromosomal or genetic disorders and describe their impact on development.

8. How do early experiences influence learning and behaviour? Give suitable examples.

9. Describe the general patterns of physical growth during childhood.

10. Explain the difference between gross motor and fine motor development with examples.

11. Describe any two major cognitive milestones in early childhood.

12. Discuss how perceptual development supports cognitive functions in infants.

13. Explain any two theories of language development

14. What is prelinguistic development? Mention any two stages

15. Describe how attachment develops during infancy.



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POST GRADUATE DIPLOMA IN CHILD PSYCHOLOGY & DEVELOPMENT

EXCEPTIONAL CHILDREN -TEST PAPER

(Write answers in the space provided and use additional sheets if required)

1. Define the concept of exceptionality. Explain the causes behind exceptionality with relevant examples.

2. Differentiate between inclusive education and integrated education.

3. Mention any two objectives of special education.

4. List two characteristics of special education.

5. Write a detailed note on visually impaired children. Include causes, identification, and educational provisions.

6. Explain the types and treatment methods of cerebral palsy.

7. Define orthopaedic impairment.
8. Name two functional limitations of orthopaedic impaired children.
9. What is the role of the hearing apparatus in hearing-impaired children?
10. Explain the characteristics and educational management of children with autism.
11. What is intellectual disability?
12. Mention two types of learning disabilities

13. What are the common symptoms of ADHD, and how can it be managed in the classroom?

14. Write about emotionally disturbed children. Discuss causes, symptoms, and educational support strategies.

15. Define juvenile delinquency.

16. Mention two problems faced by deprived children.

17. Who are slow learners?



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POST GRADUATE DIPLOMA IN CHILD PSYCHOLOGY & DEVELOPMENT
COUNSELLING AND GUIDANCE -TEST PAPER

(Write answers in the space provided and use additional sheets if required)

1. Discuss the nature and scope of counselling.
2. Explain the factors that led to the emergence of counselling as a professional field.
3. Explain the counselling process.

4. Compare and contrast the Directive Approach and the Humanistic Approach in counselling.

5. What are the important variables and counsellor skills that affect the counselling outcome?

6. Describe the techniques used in counselling interviews.

7. How does non-verbal communication impact the counsellor-client relationship?

8. What is group counselling? Discuss its structure and types.

9. Explain the role of educational and vocational guidance in student development

10. Write a note on personal-social guidance.

11. How can counselling help in addressing the adjustment problems of exceptional children?

12. What are the functions and responsibilities of guidance personnel in schools?

13. Write a note on personal-social guidance.

14. How can counselling help in addressing the adjustment problems of exceptional children?



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POST GRADUATE DIPLOMA IN CHILD PSYCHOLOGY & DEVELOPMENT

FAMILY INTERVENTIONS -TEST PAPER

(Write answers in the space provided and use additional sheets if required)

1. Define the concept of family. Discuss similarities and differences in family structure and values across societies.

2. What is the scope of family interventions? How are they useful in modern society?

3. Name two theoretical perspectives used to study families.

4. Mention two key historical changes that affected family structures.

5. Define 'family values'.

6. Explain the psychological and social implications of infertility. How does adoption serve as an alternative?

7. State one medical and one psychological cause of infertility.

8. Discuss the reasons for postponing parenthood and its potential effects on the family.

9. Define abortion in the context of family decisions.

10. What does 'becoming a parent' mean in a social context?

11. Mention two challenges in contemporary parenting.

12. Define "child care arrangements".

13. Discuss various parenting styles and how they influence children's development.

14. Describe Bowen's Family Systems Theory and how it applies in family therapy.

15. What is meant by family psychoeducation?

16. Mention any two types of family therapy approaches.